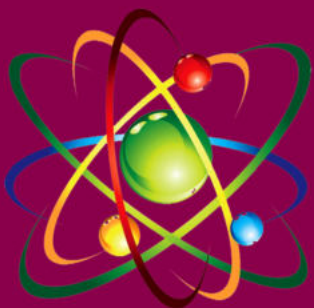


Tarbiyah Activity Book for Students



Grade - 6

Shaikh Nooruddin Umeri
M.A., MPhil in Arabic



Forewords

Assalamu Alaikum Wa Rahmatullaahi Wa Barkatuh,

Dear Parent / Educator,

I am excited to introduce a series of books titled "Tarbiyah for Children," for school going children consisting of 9 parts. Part No. 1 for Grade 1 students and upto Part No. 9 for Grade 9 students. This series is a journey of learning Islamic etiquettes and good manners in a joyful way.

The goal of the Tarbiyah Series is to shape young children into better individuals by guiding them in accordance with the teachings of the Qur'an and Sunnah. These books contains a variety of themes and simple activities that children can do on their own aimed at developing the qualities like kindness, compassion, truthfulness, honesty, respect, consideration, and empathy towards others. Additionally, they will learn to manage their anger, exercise self-control, choose their words carefully, and effectively utilize their time.

The objective of this book "Tarbiyah - Part 6" is to teach children good manners in a simple and interactive way through simple and interesting exercises and worksheets. This activity book encourages children to participate in activities independently and find the solution on their own developing logical thinking and problem solving skills.

This series is filled with educational activities, captivating worksheets, and vibrant illustrations engaging the children while making it a joyful learning. It will help children learn how to implement good manners and also provide guidance on when and how to use them effectively in their daily lives, In-Shaa-Allaah.

I would like to express my deep appreciation to Mrs. Nikhat Nishat for her invaluable help in editing and proof reading. Her meticulous approach, keen attention to detail, and insightful suggestions have greatly improved these books.

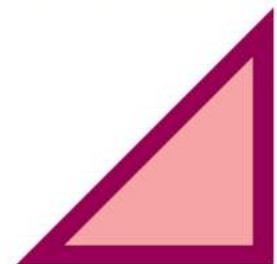
I would also like to express my sincere gratitude to Ms. Nikhat Sultana, the Academic Coordinator for Islamic Studies at OCEAN THE ABM SCHOOL, Hyderabad for her, support and thorough proof reading.

Together let's make Islamic learning a great experience for children and help our future generations grow into responsible individuals with consciousness of the hereafter (Aakhira).

Warm regards,

Nooruddin Umeri MA MPhil

Director – Ocean The ABM School Hyd



Change Starts with You:
Be a Better You.

Week 5

Golden words

Grow by Changing Yourself, Blossom
into Your Best Version.



Week - 5

Kindly put a tick mark (✓) for the things done

| Have you offered the following salahs. | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Fajr | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Zuhr | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Asr | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Maghrib | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Isha | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you recited the following Azkaars | | | | | | |
| Before sleeping | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| After waking up | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| After wudhu | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Leaving the house | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| When travelling | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Before eating | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| After eating | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Which healthy foods you ate today? Like Eggs fruits vegetables dal beans milk & dry fruits etc. | | | | | | |
| Did you follow any healthy habits today? Like exercising walking playing or jogging etc. | | | | | | |
| Were you punctual to school? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you taken bath? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Was your dress neat and well ironed? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Were your shoes polished? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Did you share experiences and thoughts in your diary? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Did you note down your plan for tomorrow? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |





إِنَّ اللَّهَ لَا يُغَيِّرُ مَا بِقَوْمٍ حَتَّىٰ يُغَيِّرُوا مَا بِأَنْفُسِهِمْ



indeed, Allah will not change the condition of a people until they change what is in themselves.

Ar-Ra'd: 11

Explanation

It is like a cricket team. If the team has to win, they practice and improve their skills. Similarly, we need to make positive changes within ourselves for a better life here and in the life after death.



Activity – I



Usually what are those actions of yours, that annoy others? Write them in the table below and count the number of times you do them each day.

| Annoying habit | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|----------------|-----|-----|-----|-----|-----|-----|-----|
| | 6 | 8 | 4 | 7 | 4 | 0 | 0 |
| | | | | | | | |
| | | | | | | | |

Write down the things that you are good at? Who inspires you the most? Share the same with your parents and siblings and seek help if you need it.

1}

2}

3}



Activity – 2

List down 3 good things you do on a daily basis.



Activity – 3

MY BEHAVIOR ASSESSMENT

Color those actions which you did last week.

| | | | | | |
|----------------|---------------------------|--------------------|----------------------------|-------------------|------------------------|
| “ i was kind ” | “ Fought with siblings ” | “ Helped parents ” | “ Argued with classmates ” | “ Read Quran ” | “ Used bad words ” |
| “ Felt angry ” | “ Obeyed parents ” | “ Felt confident ” | “ Helped friend ” | “ Broke a rule ” | “ Respected teachers ” |
| “ ” | “ Received a compliment ” | “ lied ” | “ Played a game ” | “ Made a friend ” | |

Did my all chores





Activity – 4

Dear children, follow the steps shown below to plant your favorite seed, enjoy the experience of watching it grow. Take good care of the plant and enjoy its.

Benefits



Memorize the poem

In the soil, a seed so small,
Teaching patience to us all.
Slowly growing, day by day,
Just like plants, in our own way.

Roots dig in, stems reach high,
Patience helps us touch the sky.
In life's garden, we find our place,
Growing slow with gentle grace.