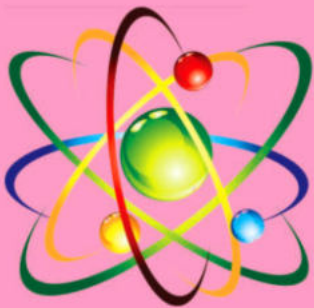


Tarbiyah Activity Book for Students



Grade - 4

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Forewords

Dear children,

We are excited to introduce a series of books titled "Tarbiyah for Children," consisting of Parts 1 to 9. This series is a journey of learning good manners and etiquette in a fun way.

The purpose of this book "Tarbiyah Part 4" is to teach children good manners in a simple and interactive way through simple and interesting exercises and worksheets. This activity book encourages children to participate in independent activities, to find the solution themselves. It helps develop children's logic. Their logic evolves as they try to come up with solutions and answers on their own.

The goal of the Tarbiyah series is to shape young children into better individuals by guiding them in accordance with the teachings of the Quran and Sunnah. The books contain a variety of themes and simple activities that children can do on their own. This series aims to help children develop kindness, compassion, truthfulness, honesty, respect, consideration, and empathy towards others. Additionally, they will learn to manage their anger, exercise self-control, choose their words carefully, and effectively manage their time.

This series is filled with engaging educational activities, captivating worksheets, and vibrant illustrations to keep children involved and enjoying themselves while learning. The children will have a great time participating in the activities. This series will help children learn about the importance of using manners in their daily lives and provide guidance on when and how to use them effectively.

I would like to express my deep appreciation to Mrs. Nikhat Nishat for her invaluable help in editing and proofreading. Her meticulous approach, keen attention to detail, and insightful suggestions have greatly improved the book. I would like to express my sincere gratitude to Ms. Nikhat Sultana, the Academic Coordinator for Islamic Studies at Ocean The ABM School, for her guidance, support, and thorough proofreading. Thanks for being great partners. Let's make learning great and help our children grow into responsible individuals.

Warm regards,

Nooruddin Umeri MA MPhil

Director Ocean The ABM School Hyd

Dua after breaking the fast (iftar)

4



ذَهَبَ الظَّمَاُ وَابْتَلَّتِ العُرُوقُ وَثَبَتَ الأَجْرُ
إِنْ شَاءَ اللهُ

Dhahaba az-zama'u wa
ibtallatil 'urooqu wa
thabatal-ajru in shaa' Allah

(Sunan Abu Dawood: 2357)

Dua for the person who provides the iftar

5

أَفْطَرَ عِنْدَكُمْ الصَّائِمُونَ وَأَكَلَ طَعَامَكُمْ الأَبْرَارُ
وَصَلَّتْ عَلَيْكُمْ المَلَائِكَةُ

Aftara 'indakumu as-sa'imoon wa
akala ta'amakumu al-abraru wa
sallat 'alaikum al-mala'ikatu

(Sunan Abu Dawood: 3854)



Dua for protection from the evil eye

6

أُعِيدُكَ بِكَلِمَاتِ اللهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ
وَهَامَّةٍ وَمِنْ كُلِّ عَيْنٍ لَامَّةٍ

Ueedhu bikalimatillahi at-tammati
min kulli shaytanin wa hamma wa
min kulli 'aynin lammah.

(Sahih Bukhari: 3371)



I will follow my Time Table

Time

Wake up	
Wuzu, brush, Toilet	
FAJAR salaah	
Ghusul	
Breakfast	
Go to school	
School Timing	
Study time	
Zohar Salah	
Returning time from school	
Asar Salaah	
Eating time	
Playing time	
Maghreb Salaah	
Study time	
Isha Salaah	
Dinner time	
Talking time to parents	
Dua time	
Sleeping time	

Helping Each Other:

Be a Good Brother or Sister



Golden advice

Support your brother/sister, their success
is your success

Kindly put a tick mark (✓) for the things done

Have you offered the following salahs.	Mon	Tue	Wed	Thu	Fri	Sat
Fajr	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Zuhr	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asr	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Maghrib	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Isha	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you recited the following Azkaars						
Before sleeping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
After waking up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
After wudhu	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Leaving the house	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When traveling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Before eating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
After eating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Which healthy foods you ate today? Like Eggs fruits vegetables dal beans milk & dry fruits etc.						
Did you follow any healthy habits today? Like exercising walking playing or jogging etc.						
Were you punctual to school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you taken bath?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Was your dress neat and ironed properly?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Were your shoes polished?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

انصُرْ أَخَاكَ

Help your brother

[Sahih al-Bukhari - 6952]

The hadith "انصُرْ أَخَاكَ" means "Help your brother." it teaches us to support and assist our friends or siblings, like helping them with homework or being kind when they need it.

Activity 1

Your classmate fell in the class. You made fun of him/her by telling everyone. How do you think you would have reacted better?

Tick the ones applicable

- By helping him/her get up.
- By just ignoring what has happened
- By gossiping about that classmate
- By laughing and making your classmate feel embarrassed

Activity 2

Answer the following questions

Question: Should we help our brother?

Answer:

Question: Is it good to support our siblings?

Answer:

Question: Does "انصُرْ أَخَاكَ" mean we should help our sister too?

Answer:

Question: Should we only help our brothers and sisters when they ask for help?

Answer:



Activity 3

Learn how you can help your classmates

- Study Together:** Help your classmates with homework or studying.
- Share Stuff:** Share extra pencils or erasers with friends who forget theirs.
- Play with Everyone:** Include everyone in games and activities.
- Organize Together:** Help friends organize their notebooks or remember important things.
- Be a Good Friend:** Listen and be there for your classmates when they need a friend.



Teacher's Sign

